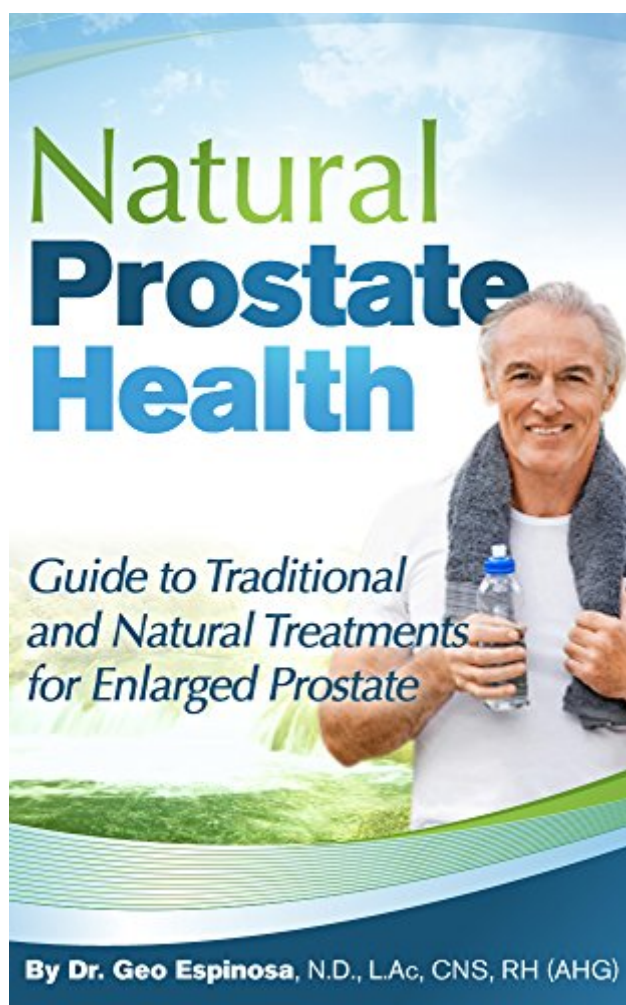


The book was found

# Dr. Geo's Guide To Natural Prostate Health: A Man's Guide To Traditional And Natural Treatments For An Enlarged Prostate



## Synopsis

Dr. Geo's Guide to Natural Prostate Health is an essential guide for men looking to restore their prostate health and regain their sexual vigor and energy. Topics covered include natural and traditional treatments for BPH/enlarged prostate and prostatitis as well as nutritional and lifestyle guidelines for maximizing your prostate health. Over 1 in 6 men will get prostate cancer in the USA and Dr. Geo's Guide to Natural Prostate Health provides a guide for better, healthier living, so as to maintain maximum prevention of prostate disease. Men who are suffering from urinary problems and symptoms of an enlarged prostate are encouraged to follow Dr. Geo's simple steps to restore their prostate health and take control of their overall health. Untreated, prostate conditions can worsen, and threaten a man's lifestyle and sexual health so it is important to make sure that the "male plumbing" is kept in maximum health. Other topics covered include "what foods can worsen your prostate health?", "side effects of drugs for enlarged prostate", "what prostate drugs can give you erectile dysfunction?" and many more topics that will help you get back to health. Essential reading for men looking to shrink their prostate, sleep better at night and get back to life. About Dr. Geo Espinosa. Dr. Geo is the Director of the Integrative Urology Center at NYU Langone Medical Center and was previously the Director of Clinical Research at the Center for Holistic Urology at Columbia University. He earned his four-year naturopathic doctoral degree and two-year acupuncture degree at the University of Bridgeport. He completed a residency and fellowship at the Center for Holistic Urology, a program of Columbia University Medical Center Department of Urology. At the Center for Holistic Urology, Dr. Geo treated patients with a broad range of urologic conditions and directed clinical research under Dr. Aaron Katz. Dr. Geo's clinical research has centered on the therapeutic value of proper nutrition and supplement intake for men's prostate health. His studies at the University of Bridgeport focused on quality control in the manufacturing of dietary supplements, and he is an authority on that topic. Dr. Geo's practice focuses on integrative, holistic approaches to urologic conditions. He has specific interests in clinical nutrition, western and eastern herbal medicine, diet modification, acupuncture, the mind/body connection, and exercise, all of which can be powerful therapies for urologic conditions. Dr. Geo is a member of the American Urological Association, the American Association of Naturopathic Physicians and the American Herbalist Guild. He was recently named one of the top social men's health Doctors by the Dr. Oz owned website "Sharecare". Diseases and Conditions Treated by Dr. Espinosa include: Benign prostatic hyperplasia (BPH) Erectile dysfunction (impotence) after prostate treatment High-grade PIN Hormone therapy side effects Incontinence after prostate treatment Interstitial cystitis Nutrition management before and after prostate surgery Prostate cancer (primary and

recurrent)ProstatitisWeight management before prostate surgery

## Book Information

File Size: 1087 KB

Print Length: 59 pages

Simultaneous Device Usage: Unlimited

Publisher: Prostate Research Institute Men's Health Series (December 1, 2013)

Publication Date: December 1, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00LMNEA78

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #589,420 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #38

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Men's Health >

Prostate Health #85 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments >

Cancer > Prostate Disease #104 inÂ Books > Health, Fitness & Dieting > Men's Health > Prostate

Health

[Download to continue reading...](#)

Dr. Geo's Guide to Natural Prostate Health: A Man's Guide to Traditional and Natural Treatments

for an Enlarged Prostate Healthy Prostate: The Extensive Guide To Prevent and Heal Prostate

Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Home Remedies for

Prostate Health (Prostate Cancer, Prostatitis, prostate inflammation, bacterial prostatitis) Prostate

Health Guide: Get the Facts and Natural Solutions for Optimal Prostate Health PROSTATE

CANCER: From PSA Test To Prostate Biopsy, Diagnosis To Prostate Surgery, To Recovery Benign

Prostatic Hypertrophy: How to Shrink Your Enlarged Prostate Without Drugs or Surgery Dear

Prostate ... I Thought You Were My Friend: One Man's Journey Through Prostate Cancer and

Beyond A Pocket Guide to Geo-Metrics III: Dimensioning and Tolerancing, Inch Version (Ten Pack)

A History of Spaces: Cartographic Reason, Mapping and the Geo-Coded World (Frontiers of Human

Geography) NAT GEO Glacier/Waterton Nat'l Park Map NAT GEO Allagash Wilderness Waterway

North Trail Map Prostate Cancer Prevention Diet Book: What to Eat to Prevent and Heal Prostate Cancer  
Type 2 Diabetes Cure: Natural Treatments that will prevents and Reverse Diabetes (Natural Health Books)  
Type 2 Diabetes Cure: Natural Treatments that will Prevent and Reverse Diabetes (Natural Health Books) (Volume 2)  
The Prostate Diet Cookbook: Cancer-Fighting Foods for a Healthy Prostate  
Prostate Diet: BPH, Prostatitis, Prostate Cancer (Quick Nutrition Book 2)  
PROTONS versus Prostate Cancer: EXPOSED: Learn what proton beam therapy for prostate cancer is really like from the patient's point of view in complete, uncensored detail.  
Colon Health and Wellness: The Ultimate Guide to Colon Health the Natural Way (Colon Health, Colon Cleanse, Colon Cancer, Colon Health Guide, Colon Diet, Colorectal cancer, Colon Cleansing)  
Rethinking Cancer: Non-Traditional Approaches to the Theories, Treatments and Preventions of Cancer  
Natural Relief from Asthma (Natural Health Guide) (Alive Natural Health Guides)

[Dmca](#)